

Re-opening the CBC Risk Assessment (Covid Specific) 02/09/20

Controlled opening of the Centre for pre-booked classes in meditation and bodywork. Our main space will be the theatre as it is the largest open space, has high ceilings and is well ventilated. Maximum number of people (at 2 metre distancing) in the theatre is 13 in the pit, 9 in the lower circle. Yoga classes will initially be restricted to a limit of 8 participants plus the teacher.

Government guidance on re-opening of places of worship is available here: <https://www.gov.uk/government/publications/covid-19-guidance-for-the-safe-use-of-places-of-worship-from-4-july>

Government guidelines for safer travel is here: <https://www.gov.uk/guidance/coronavirus-covid-19-safer-travel-guidance-for-passengers>

What are the hazards?	Persons at risk?	Actions taken
Virus transmission around entrance to centre	Public / Team Members	<ul style="list-style-type: none"> ● 2 metre markings outside the Centre ● Centre doors open 20 minutes before the activity is due to start ● Team member on door to welcome and guide people as necessary ● Cleaning door handles and exit buttons daily ● Signage reminding everyone to wash hands on entry and exit, and hand sanitiser provided
Virus transmission through the air within centre	Public, Centre Workers and Team Members	<ul style="list-style-type: none"> ● Mitigated through social distancing (SD), good ventilation and limiting numbers of people at the centre at any one time ● Good signage in place reminding people of SD ● Team members wearing visor or face coverings ● All members of public wearing face coverings when indoors at the CBC, in all areas ● Team and volunteers trained/briefed prior to opening /event ● The Centre will do all it can to support the Test and Trace programme as necessary. ● One way system through the centre. Entrance via sunburst doors – far right door to enter and left hand door to exit. Floor markings and signage indicate one way system ● Foyer area spaced so chairs are 2m apart (for people to remove shoes) ● Mats, cushions and chairs set in the theatre are all 2m apart ● Theatre will be used for most events as can ensure suitable spacing ● Internal doors to be propped open whilst people arriving/exiting ● Team Members at reception/in foyer and theatre directing people and ensuring SD ● Toilets are available for use where necessary on ground floor – all are separate cubicles on

		<p>ground floor. Direct people to not use basement loos.</p> <ul style="list-style-type: none"> ● Foyer door hooked open at start and end of the event to allow smooth exit
Virus transmission through surfaces	Public, Centre Workers and Team	<ul style="list-style-type: none"> ● Centre clean prior to event with particular attention to high touch areas - door handles, reception desk, card machines, tap handles, exit buttons, ● Signage at entrance to remind people to use wash hands / use hand sanitiser upon entry. Team to prompt visitors ● Hand sanitiser, soap, paper hand towels in place in reception, toilets, tea bar ● No refreshments will be served, no tea breaks at public classes. ● Mats and cushions laid out and put away by team (with sanitised hands). Everyone reminded to wash hands upon entry and exit to minimise transmission through handling of mats and cushions. ● Centre cleaned at the end of the event with particular attention to high touch areas – doorhandles, reception desk, card machines, tap handles, exit buttons
Virus transmission from Team to Public	Public and Team Members	<ul style="list-style-type: none"> ● Team Members who have Covid symptoms not to support the event or attend centre ● Team to be briefed in Team Meeting re running event and following Government guidelines
Virus transmission from Public to Team	Public and Team Members	<ul style="list-style-type: none"> ● All events will be pre-booked only – no drop-ins – so we can limit numbers and be in contact with participants about these guidelines ● Participants who book on the event to be sent a confirmation email and attendance guidelines including the importance of staying away if they develop Covid symptom, guidelines about travel and the importance of SD, hygiene and wearing face coverings at the Centre. ● Information on website / regular emails about our re-opening ● Strongly encouraging payments or donations to be made by card ● Team to guide people as necessary
Virus transmission during yoga classes	Public and Team Members	<ul style="list-style-type: none"> ● Limit numbers so that 2m distance is maintained ● Yoga teachers not giving physical adjustments, only verbal adjustments - use a mat plan if necessary, maintaining 2m distance between themselves and student wherever possible ● We're asking all students to bring own yoga mats and props. if someone turns up without a mat/prop, we will lend them one, and they have to wipe down with an antiviral wipe/sanitiser spray before and after the class. We will also put used mats/props out of action for 48 hours to minimise risk of transfer ● We're asking all students to arrive changed as per government guidelines, minimise use of loos

At the end of the sessions we will review with the team how the event went so we can improve systems, signage and communications as necessary. We will continue to monitor government guidelines and will adjust our responses accordingly.