

refuges and precepts

(All rhythms to be sung as normally chanted, rather than as notated)

Manidhara

$\text{♩} = c70$

Leader
Sangha
2 solo female voices
Choir

Namo Tas-sa BhagavatoArahato
Namo Tas-sa BhagavatoArahato
Ah ah ah
NamoTassa BhagavatoArahato

6

Voice
Voice
S.
Choir

SammaSam-bud-dhas-sa Namo Tas sa
SammaSam-bud-dhas-sa Namo Tas sa
ah ah
SammaSambuddhassa NamoTassa

10

Voice

BhagavatoArahato SammaSam-bud-dhas sa

Voice

BhagavatoArahato SammaSam-bud-dhas sa

S.

ah ah

Choir

BhagavatoArahato SammaSambuddhassa

14

Voice

Namo Tas - sa BhagavatoArahato

Voice

Namo Tas - sa BhagavatoArahato

S.

ah ah

Choir

NamoTassa BhagavatoArahato

(div a 3)

18

Voice

SammaSam - bud -dhas - sa Bud -

Voice

SammaSam - bud -dhas - sa

S.

ah

Choir

SammaSambuddhassa

21

Voice

dhamSaranamGac cha - mi Dhammam Saranam Gac-

Voice

Bud dhamSaranamGac cha - mi

S.

ah

Choir

Bud- dham Saranam Gac- chami

26

Voice cha-mi Sangham Saranam Gac-

Voice Dhammam Saranam Gac- cha-mi

S. ah

Choir Dham- mamSaranamGac- chami

30

Voice cha- mi Du-

Voice San-ghamSaranam Gac- cha- mi

S. ah

Choir San- ghamSaranam Gac- cha- mi

33

Voice

tiyampiBuddhamSaranamGac- cha- mi

Voice

DutiyampiBuddhamSaranamGac-

S.

Choir

Du- tiyampiBuddhamSaranamGac-

36

Voice

DutiyampiDhammamSaranamGac- cha- mi

Voice

cha- mi Du-

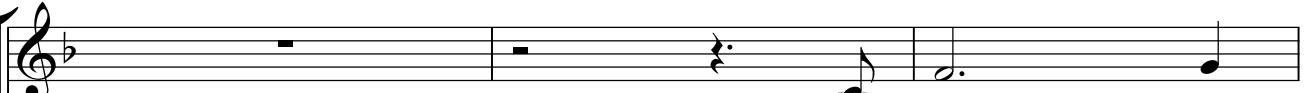
S.


ah

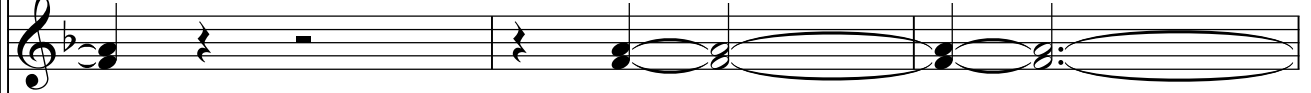
Choir


cha - mi Du-

39

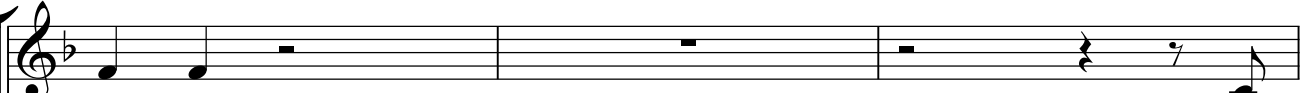
Voice  Du- tiyampiSanghamSaranamGa-

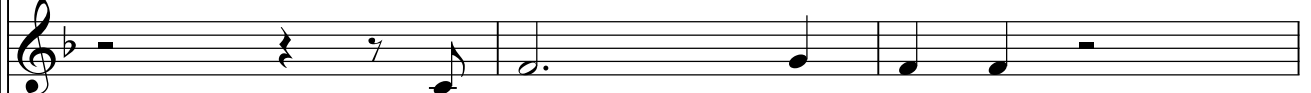
Voice  tiyampiDhammamSaranamGac- cha- mi

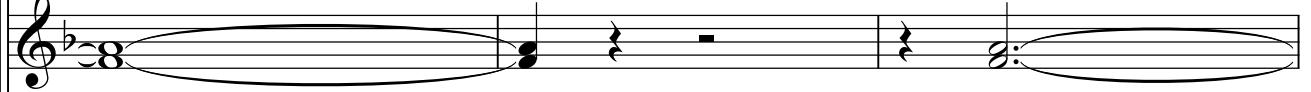
S.  ah

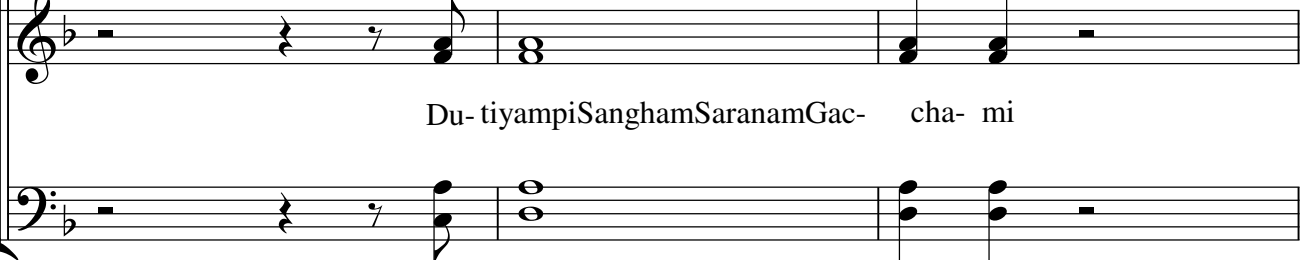
Choir  tiyampiDhammamSaranamGac-cha- mi

42

Voice  cha - mi Ta-

Voice  Du- tiyampiSanghamSaranamGac-cha-mi

S.  ah

Choir  Du- tiyampiSanghamSaranamGac- cha- mi

45

Voice

tiyampiBuddhamSaranamGac- cha- mi

Voice

Ta-tiyampiBuddhamSaranamGac-

S.

Choir

Ta- tiyampiBuddhamSaranamGac-

48

Voice

Ta-tiyampiDhammamSaranamGa- cha - mi

Voice

cha - mi Ta-

S.

ah

Choir

cha- mi Ta-

51

Voice Ta- tiyampiSanghamSaranamGa-

Voice tiyampiDhammamSaranamGa- cha - mi

S. ah

Choir tiyampiDhammamSaranamGac-cha- mi

54

Voice cha - mi

Voice Ta- tiyampiSanghamSaranamGac-cha - mi

S. ah

Choir Ta- tiyampiSanghamSaranamGac- cha-mi

57

Voice Panatipata Veramini Sikkhapadam

Voice Panatipata Veramini Sikkhapadam

S. ah ah

Choir Panatipata VeraminiSikkhapadam

61

Voice Samadiyami Adinnadana

Voice Samadiyami Adinnadana

S. ah ah

Choir Samadiyami Adinnadana

65

Voice

Veramini Sikkhapadam Samadiyami

Voice

Veramini Sikkhapadam Samadiyami

S.

ah ah

Choir

VeraminiSikkhapadam Samadiyami

69

Voice

KamesuMicchacara Veramini Sikkhapadam

Voice

KamesuMicchacara Veramini Sikkhapadam

S.

ah ah

Choir

KamesuMicchacara VeraminiSikkhapadam

73

Voice
Samadiyami Musavada

Voice
Samadiyami Musavada

S.
ah ah

Choir
Samadiyami Musavada

77

Voice
Veramini Sikkhapadam Samadiyami

Voice
Veramini Sikkhapadam Samadiyami

S.
ah ah

Choir
VeraminiSikkhapadam Samadiyami

81

Voice

SuramerayaMajja Pamadatthana

Voice

SuramerayaMajja Pamadatthana

S.

ah ah

Choir

SuramerayaMajja Pamadatthana

85

Voice

Veramini Sikkhapadam Samadiyami

Voice

Veramini Sikkhapadam Samadiyami

S.

ah ah

Choir

VeraminiSikkhapadam Samadiyami

89

Voice

Sad - hu Sad - hu Sad - hu

Voice

Sad - hu Sad - hu

S.

ah ah

Choir

Sadhu Sadhu

94

Voice

With deeds of loving-kindness I purify my body With open-handed generosity I purify my body

Voice

Sad - hu With deeds of loving-kindness I purify my body With open-handed generosity I purify my body

S.

(stagger breathing) *pp*

mm

Choir

Sadhu (stagger breathing) *pp*

mm

14

100

With stillness,
simplicity and
contentment
I purify my
body

With truthful
communication
I purify my
body

With
mindfulness
clear and
radiant I
purify my
body

Voice

Voice

S.

Choir

105

With
mindfulness
clear and
radiant I
purify my
body

Voice

Voice

S.

Choir